

A Season of Healing

Athens Area COMMENCEMENT CENTER

"Success is dependent on effort." ~ Sophocles

Framework for Progress

As patients travel down their personal path to recovery, The Athens Area Commencement Center (AACC) provides the structure and support needed to successfully complete the journey.

Community Assemblies

AACC holds daily informational meetings to make necessary announcements and discuss current treatment issues. The assemblies are designed to encourage sharing among clients and serves as the setting for AACC graduations.

Learning Time

In order to achieve a balanced and successful recovery, AACC believes it is important for patients to understand their disease. The facts about alcohol and drug dependency are presented in a direct format in a non-judgmental atmosphere in which counselors explain causes of the addiction.

Group Therapy

The heart and soul of AACC is group therapy. There are two types of group sessions; experiential and reality. Experiential therapy allows participants to exchange personal experiences and learn from each other. Reality therapy encourages participants to examine where they are on the road to recovery. Most participants find group therapy to be the most challenging aspect of treatment but also the most helpful step to recovery.

Healing Families

Drug and alcohol addiction can be devastating to the family of an abuser. The family's role in the recovery process is vital. The AACC encourages family members to meet as a group as well as privately with counselors to talk about the effect of addiction on the family, the recovery progress and the family role in continuing recovery care after leaving the program.

Discussion

The backbone of AACC is based on the twelve steps of the Alcoholics Anonymous (AA) program. Local AA and Narcotics Anonymous (NA) volunteers are involved in creating an understanding of how the philosophies of AA can be used as strength and support in the participant's recovery.

Continuing Care

Recovery doesn't end with the completion of the program. Overcoming an addiction is a lifelong, ongoing process of healing. AACC teaches every participant how to continue the process of healing, even after completion of the program including skills to make the transition from therapy to a healthy lifestyle. The Continuing Care program offers clients support and counseling services for up to two years upon completion of the program.

Treatment Options

Alcoholism and drug addiction are treatable diseases. In order to meet the individual needs of each patient, AACC offers several treatment options. Our staff works with the person, their families, and employers to determine the best treatment plan for each patient.

- Outpatient Detoxification
- Partial Hospitalization Treatment
- Day Outpatient Treatment
- Evening Outpatient Treatment
- Aftercare/Continuum Care
- Inpatient Detoxification provided through our staff physician additionalists

Jim Hinzman

Administrator



Since 1982, Jim Hinzman has worked in the drug and alcohol field as a clinician and administrator. He has experience working in a hospital based/multidisciplinary setting and a private setting. He is a Diplomate Certified in Co-Occurring Disorders

by the International Certification and Reciprocity Consortium/Alcohol and Other Drug Abuse, Inc. and certified Clinical Supervisor, as well as a Master Addiction Counselor thru NAADAC, and holds a Master degree from Emory University

Rob Hinzman

Business Manager



Rob handles insurance, and all financial aspects of AACC. Rob is consistently exploring new ideas to improve patient care, and AACC as a whole.

Rob has been working in the recovery field at AACC for 6 years, also assisting with facilitating group therapy, aftercare, individual counseling and intake screenings.

Rob is CAC I (Certified Addiction Counselor). He enjoys working at AACC helping people with their recovery. Watching this process happen with our patients is the joy of working at AACC.

The Clinical Staff

The majority of the clinical staff at The Commencement Center hold masters degrees and are certified as Georgia Addiction Counselors with an average of thirteen years of experience in the chemical dependency field. All counselors are specially trained to work with alcohol and drug dependent clients.

Wherever you are,
whatever your
circumstances may be,
whatever misfortune you
have suffered, the music of
your life is not gone. It's
inside you - if you listen,
it will play.

Outpatient services providing nine or more hours per week are considered INTENSIVE by the American Society of Addictive Medicine.

National trends indicate The Athens Area Commencement Center has a one-year abstinence rate of 80%. Greatly exceeding the national average, this percentage reflects AACC clients who undergo intensive treatment and attend aftercare for twelve months.

It's the start that stops most people.

The road to recovery from drug and alcohol abuse can be a trying journey filled with hardships and obstacles. The Athens Area Commencement Center exists to ensure each traveler reaches their destination of wellness.

At the Athens Area Commencement Center, we believe alcoholism and drug dependencies are diseases that are fully treatable. We believe if individuals, as well as their families, participate in treatment and therapies in a supportive environment, recovery will become a reality.

Your Decision

If you are an alcoholic or drug abuser, recognition is the first step toward recovery. If you are a family member, employer or other significant person in the life of an abuser, your role in the recovery process is crucial to its success. Together, we can work toward completing the healing process for a fuller, happier life.

Athens Area Commencement Center

AACC is a unique and individualized substance abuse program that offers "A Season of Healing" for the alcohol and drug abuser. Formerly affiliated with Athens Regional Medical Center, AACC operates as a private facility.

**Athens Area
COMMENCEMENT CENTER**
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